

Could I have a Substance Abuse Problem?

Please check the boxes below as they apply to you:

True False Please check the boxes below as they apply to you:

1. Family members or friends have expressed some concern about my drinking or drug use.
2. I have at times felt a need to cut down or control my drinking or drug use.
3. I have had academic or employment problems as a result of my drinking or drug use.
4. I spend less time than before participating in family, recreation, leisure or other social activities as a result of my drinking or drug use.
5. Majority of my friends drink alcohol or use drugs or both.
6. I don't enjoy parties or other social events where alcohol is not served.
7. I have had drinking or drug related legal problems (DUI) and Public Intoxication).
8. I get into arguments with my Spouse or Significant Other about my drinking or drug use.
9. I can now drink more alcohol or use more drugs than before.
10. I spend more time than I used to in planning for my drinking or drug use.
11. I have had at least one episode of not remembering what I did while I was drinking or using drugs.

Based on the number of True boxes checked, you may or may not have a substance abuse problem. To find out, please call **(800) 478-0331** or email: **info@VinceCarterSanctuary.org** to set an online or telephone appointment to receive an evaluation by a substance abuse professional.



Perennial NBA All-star, Vince Carter, #15 of the New Jersey Nets, has seen up close and personal what addiction can do to families and communities.

This is the reason Vince contributed \$1.6 million and attached his name to this beautiful new facility. Vince and his mother, Michelle Carter-Scott, are compelled to make a difference in the world, and we thank them for their leadership in bringing recovery to others.

Mrs. Carter-Scott said, "We all have family that go through tough times... If there's something we can do to help them get their lives back on track, that would be wonderful."

Vince Carter Sanctuary Mission is:

To provide world-class treatment to those struggling with drug and alcohol addiction by utilizing the most advanced evidence-base services available.



CARF Accredited for current 8-Bed facility through 8/2010
New 100-Bed facilities pending – Scheduled summer 2009

(800) 539-4228

www.VinceCarterSanctuary.org

Vince Carter Sanctuary

Substance Abuse & Co-Occurring

There is hope

There is freedom

Recovery Center

Detox

Residential Treatment

Family Therapy

Outpatient Services

Various insurance plans are accepted, subject to individual plan limitations

24-Hour Access Center

(800) 539-4228

www.VinceCarterSanctuary.org

301 Justice Lane
Bunnell, FL 32110
(20 Miles North of Daytona Beach)

Division of: *Stewart-Marchman-Act Behavioral Healthcare*
Daytona Beach, FL

WELCOME...

The Vince Carter Sanctuary is a brand new, modern and advanced, fee-for-service drug and alcohol detoxification and residential treatment facility dedicated to helping individuals and families reclaim their lives.



Located in scenic and rural Flagler County Florida, about 20 miles north of Daytona Beach, our clients are able to find peace within nature, and soon within themselves.

The facilities and programs at the Vince Carter Sanctuary are private and confidential. Clients and families can be assured of the extreme importance we place on their anonymity, privacy and confidentiality.

Our privacy and natural beauty assists clients in discovering the harmony and serenity that they seek, in combination with a program that provides clients the necessary tools to live a new clean and sober life.

DETOX:

A safe, medically monitored detox is a fundamental component of any drug addiction treatment program, especially during withdrawal when battling the physical dependency associated with many drugs – particularly alcohol and opiates. Detox is the foundation in overcoming the deep physical, emotional and psychological challenges addicts and alcoholics face in early recovery. Some clients may be in need of certain medications for their detox. Medications, including Clonidine, Suboxone or Subutex, may be prescribed by one of our certified physicians. An ideal detox program is tailored to fit the client's specific needs.



With nearly 40 years of experience in helping people detox safely, our detox team is composed of highly competent health care professionals with a proven track record of success.

FAMILY AND MARITAL THERAPY:

Family and Marital Therapy is a very important aspect of the recovery process. Family members can provide the necessary love and support to keep recovery a part of everyday life. Family Therapy is made available for all of our clients.

CO-OCCURRING CARE:

With our available Mental Health Services, individuals with a mental illness, or co-occurring disorders (mental illness / substance abuse), are offered a variety of additional services including psychiatric evaluation and medication management, nursing services, therapy and case management. Addiction is a mental health issue. Many addicts and alcoholics also battle further issues such as depression, anxieties, and other disorders. We have the team available that can address these co-occurring needs.

RECOVERY:

We help our individual clients to make changes within themselves, which allows them to break free from the bonds of drug and alcohol dependence. By the time a client is discharged from the Sanctuary, he/she has been given tools to make the critical decisions that will help them to not pick up a drink or drug again. They are introduced to the 12-Step Programs of Alcoholics Anonymous (AA) and Narcotics Anonymous (NA). They are given a Plan-of-Action prior to being discharged that encourages an individualized continuing care regimen of recovery.



SERVICES INCLUDE:



Continued physician and nursing monitoring, counseling interventions to include individual and group therapy, family therapy, didactic recovery oriented educational sessions, participation in 12-Step meetings of Alcoholics Anonymous (AA) and Narcotics Anonymous (NA), equine assisted (horse)

therapy at a nearby ranch, and recreational/activity therapies such as mountain biking, hiking, beach trips, and swimming with dolphins.

Our expert staff consists of highly committed and experienced professionals who are compassionate, highly knowledgeable, and extremely dedicated to helping those suffering restore their lives and become productive members of society.

There is hope!

There is freedom!

There is a better way of life!



ADMISSION CONTACTS:

Michael Knapp: (386) 453-4420 or (800) 478-0331
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