



Vince Carter Sanctuary - 301 Justice Lane - Bunnell, FL 32110
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VinceCarterSanctuary.org

The Vince Carter Sanctuary, where freedom begins...

One-Page Brochure

WELCOME: Located in scenic and rural Flagler County Florida, about 20 miles north of Daytona Beach, the Vince Carter Sanctuary is a brand new detoxification, substance abuse and co-occurring residential treatment facility. Though we are a new facility, we are not new to helping those suffering reclaim their lives. As a division of the Stewart-Marchman-Act Behavioral Healthcare System, we have decades of agency experience in the delivery of substance abuse and mental health care.

CONFIDENTIAL RESIDENTIAL TREATMENT: The facilities and programs at the Vince Carter Sanctuary are extremely private. Clients and their families can be assured of the extreme importance we place on confidentiality. Our privacy and natural beauty assists clients in discovering the harmony and serenity that they seek, in combination with a program that provides clients the necessary tools to live a new clean and sober life.

RECOVERY PROGRAM: We help our individual clients to make changes within themselves, which allows them to break free from the bonds of addiction. By the time a client is discharged from the Sanctuary, he or she has been given tools to make the critical decisions that will help them to lead a healthy and happy lifestyle. We are fundamentally 12-Step and abstinence based. Clients are introduced to the 12-Step Programs of Alcoholics Anonymous (AA) and Narcotics Anonymous (NA). They are given a Plan-of-Action prior to being discharged that encourages an individualized continuing care regimen of recovery. Intervention and "sober transport" services are available through referrals.

DETOX: A safe, medically monitored detox is a fundamental component of any treatment program, especially during withdrawal when battling the physical dependency associated with many drugs – particularly alcohol and opiates. Some clients may be in need of certain medications for their detox. Medications, including Buprenorphine (*Suboxone®* or *Subutex®*), may be prescribed by one of our certified physicians. An ideal detox program is tailored to fit the client's specific needs. With nearly 40 years of experience in helping people detox safely, our detox team is composed of highly competent health care professionals with a proven track record of success.

SERVICES INCLUDE: Continued physician monitoring, 24-hour nursing observation, individual counseling by masters level clinicians, group therapy, family and marital therapy, motivational enhancement therapy (MET), cognitive behavioral therapies, participation in 12-Step meetings of AA and NA, experiential therapy including - equine (horses) assisted therapy at a nearby ranch, art and music therapy, and recreational activities therapies such as various exercise programs, mountain biking, hiking, beach trips, ropes courses, golf outings, and even swimming with dolphins.

AFTERCARE PROGRAM: The Aftercare Program at the Vince Carter Sanctuary is truly world-class. It is our mission to help individuals who are struggling with substance abuse find hope, freedom and a new way of life. Aftercare is a key component to a successful program, and we feel we have one of the best in the industry. We even offer clients who have successfully completed our program the chance to receive our "NO-FEE" *Early Intervention Relapse Prevention Treatment*, and *Refresher Treatment*, for those who either feel they may be nearing a relapse, or have relapsed within their first year of being discharged.

STAFF: Our expert staff consists of highly committed and experienced professionals who are compassionate, highly knowledgeable, and extremely dedicated to helping those suffering restore their lives and become productive members of society. Most are us are in recovery ourselves, so we are able to truly relate with our clients.

RESEARCH: The McKnight Brain Institute at the University of Florida (MBI-UF), world renown for research into substance abuse, is working in collaboration with our parent organization, Stewart-Marchman-Act Behavioral Healthcare (SMA). The Vince Carter Sanctuary houses both research offices and accommodations for the research leadership and staff of the MBI-UF.

There is hope! There is freedom! There is a better way of life!

Give us a call, or send us an e-mail...

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The Vince Carter Sanctuary is a division of Stewart-Marchman-Act Behavioral Healthcare
Daytona Beach, FL - www.smabehavioral.org

